

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

MYOFASCIAL RELEASE ROLLER

The Power Lift Myofascial Release Roller rack attachment allows athletes to conveniently target problem areas prior to training in order to release muscle tightness or tension. The rack attachment features nine urethane wheels on the main area, while the end of the roller can feature two additional urethane wheels or a solid knob. The attachment can be adjusted vertically along the Power Lift Rack uprights to accommodate a user's height or targeted area and use a two pin locking system.

KEY FEATURES:

- Main roller area features 9 - 72 mm urethane wheels
- Wheels feature a durometer rating of 80A
- Attachment can be ordered with an additional 2 wheels on the end or a fixed sphere



Overall Dimensions:

21 21/32" (L) x 8 5/8" (H)

Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

Part Number:

30115A

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